



Gesamtrangliste

des 13. Interlinth-Marathon und der Handbike
Schweizermeisterschaft 2010 in Benken

Rangliste

ILM Benken
Sonntag, 3. Oktober 2010

RangNr.	Name / Vorname	Ort	Rundenzeiten										Totalzeit	Rückstand
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MH1 10 Runden

1	47	Fankhauser Tobias	0	RC Zürich	06:10.5	2	06:11.8	2	06:16.1	2	06:25.1	2	06:31.2	1	06:27.5	2
					06:27.0	1	06:33.2	2	06:36.5	1	06:24.6	1	01:04:03.9		00:00.0	
2	42	Weber Franz	0	RC Zürich	06:10.2	1	06:11.7	1	06:16.1	1	06:25.1	1	06:31.2	2	06:27.5	1
					06:27.7	2	06:32.5	1	06:36.6	2	06:39.6	2	01:04:18.6		00:14.7	
3	41	Bösch Beat	0	RCZentralschweiz	07:57.1	3	08:12.1	3	08:40.8	3	08:50.8	3	08:42.8	3	08:30.3	3
					07:48.0	3	07:50.5	3	08:14.0	3	07:40.6	3	01:22:27.5		18:23.6	

MH2 10 Runden

1	111	Berset Jan Marc	0	Club Gruyere	05:00.6	3	04:57.6	2	04:56.1	2	04:52.9	2	04:58.1	2	04:57.9	2
					04:53.8	1	04:43.2	1	05:00.9	3	04:47.2	1	00:49:08.8		00:00.0	
1	66	Weber Lukas	0	RC Zürich	05:00.3	2	04:57.7	3	04:55.6	1	04:53.3	3	04:57.9	1	04:56.2	1
					04:54.7	2	04:44.7	2	05:00.4	2	04:47.5	2	00:49:08.8		00:00.0	
3	57	Frei Heinz	0	RC Solothurn	04:59.9	1	04:57.9	4	04:56.3	4	04:52.7	1	04:58.4	3	04:58.5	3
					04:56.1	3	04:48.5	3	04:56.0	1	04:54.2	3	00:49:18.8		00:10.0	
4	64	Vetsch Michael	0	RC ST.Gallen	05:01.0	4	04:57.6	1	04:56.2	3	05:10.9	4	05:38.5	6	05:31.4	6
					05:28.4	6	05:30.3	5	05:20.8	4	05:02.4	4	00:52:38.1		03:29.3	
5	62	Bobst Hansruedi	0	RC Solothurn	05:24.3	8	05:31.6	5	05:20.0	5	05:14.6	5	05:29.5	5	05:30.0	5
					05:22.3	4	05:32.2	6	05:29.6	5	05:20.3	5	00:54:14.7		05:05.9	
6	63	Villiger Cornel	0	RC Zentralschweiz	05:22.2	7	05:32.6	6	05:21.9	8	05:14.8	6	05:29.1	4	05:29.8	4
					05:24.4	5	05:30.0	4	05:29.6	6	05:22.6	6	00:54:17.4		05:08.6	
7	112	Marti Albert	0	RC Winterthur-SH	05:21.7	5	05:33.4	7	05:21.0	7	05:15.9	7	05:56.0	13	05:58.2	9
					05:55.3	9	05:52.9	9	05:58.7	7	05:43.4	8	00:56:57.0		07:48.2	
8	69	Wenk Christian	0	RC Zürich	05:21.9	6	05:33.5	8	05:20.9	6	05:16.0	8	05:56.0	12	05:58.3	10
					05:54.6	8	05:52.8	8	05:59.5	8	05:43.2	7	00:56:57.2		07:48.4	

RangNr.	Name / Vorname	Ort	Rundenzeiten										Totalzeit	Rückstand
9	58 Albert Hans	0 RSKV Tübingen	05:44.0	9	05:40.8	11	05:54.1	13	05:59.6	11	05:45.0	7	05:52.7	7
			05:52.5	7	05:52.6	7	06:07.1	9	06:01.9	11	00:58:50.7		09:41.9	
10	61 Bauknecht Karl-Heinz	0 RSKV Tübingen	05:46.1	13	05:42.3	12	05:51.5	9	06:02.5	12	05:54.6	11	06:01.8	11
			06:11.4	14	06:13.6	12	06:08.0	11	05:47.3	9	00:59:39.4		10:30.6	
11	60 Epting Thomas	0 RSKV Tübingen	06:00.9	14	05:48.3	14	05:52.7	11	05:42.0	9	05:52.8	9	06:02.3	12
			06:01.5	10	06:08.7	10	06:22.1	13	05:54.9	10	00:59:46.6		10:37.8	
12	67 Gidemann Gristian	0 Mulhouse	05:44.6	11	05:40.7	9	05:53.8	12	05:59.1	10	05:51.8	8	06:09.3	14
			06:10.4	12	06:13.6	13	06:08.6	12	06:05.4	12	00:59:57.8		10:49.0	
13	65 Berner Christian	0 RC Wetzikon	05:45.8	12	05:42.9	13	05:51.8	10	06:03.5	13	05:53.3	10	06:02.5	13
			06:10.7	13	06:12.6	11	06:07.9	10	06:12.7	13	01:00:04.1		10:55.3	
14	52 Caverzasio Valerio	0 GP Ticino	06:09.3	15	06:11.3	16	06:08.0	15	06:11.9	16	06:10.1	15	05:57.2	8
			06:09.7	11	06:23.5	14	06:22.6	14	06:30.0	14	01:02:14.0		13:05.2	
15	51 Donghi Giampaolo	0 GP Ticino	06:09.6	16	06:10.6	15	06:08.1	16	06:11.9	15	06:10.1	14	06:09.4	15
			06:39.2	17	06:44.4	17	07:11.1	16	06:59.0	15	01:04:34.0		15:25.2	
16	59 Kohler Bernd	0 RSKV Tübingen	05:44.3	10	05:40.8	10	05:54.5	14	06:04.0	14	06:44.7	16	07:06.2	16
			06:39.7	18	06:39.3	16	06:46.8	15	07:17.2	16	01:04:37.9		15:29.1	
17	54 Perez Andres	0 Cfr Geneve	06:38.0	18	06:46.2	17	06:47.0	17	06:59.0	18	07:00.8	17	07:07.4	18
			06:25.8	15	06:34.1	15	07:17.2	17	07:29.3	17	01:09:05.3		19:56.5	
18	116 Kägi Urban	0 Au-Wädenswil	06:20.9	17	07:03.6	18	06:47.0	18	06:59.0	17	07:00.8	18	07:07.4	17
			06:33.3	16	07:34.0	18	07:35.2	18	07:53.9	18	01:10:55.4		21:46.6	
19	55 Isler Heiri	0 RC Wetzikon	08:30.7	19	08:26.5	19	08:43.4	19	09:19.2	19	09:26.2	19	09:16.2	19
			09:35.1	19	09:33.6	19	09:58.9	19	10:09.4	19	01:32:59.6		43:50.8	

RangNr.	Name / Vorname	Ort	Rundenzeiten										Totalzeit	Rückstand
MH3 10 Runden														
1	73 Libanore Athos	0 GP Ticino	04:48.5	1	04:47.5	1	04:53.2	1	04:58.0	1	05:01.3	1	05:00.5	1
			05:05.4	1	05:07.0	1	05:16.7	2	04:51.6	1	00:49:50.2		00:00.0	
2	72 Freda Markus	0 RC Zürich	05:17.8	2	05:18.4	5	05:15.2	5	05:18.8	2	05:22.0	4	05:29.3	2
			05:33.2	3	05:20.9	4	05:17.4	5	05:02.0	2	00:53:15.5		03:25.3	
3	78 Gerbel Jochen	0 Brombach	05:18.1	3	05:18.3	4	05:14.5	3	05:19.5	4	05:22.0	5	05:29.5	3
			05:33.0	2	05:21.3	5	05:17.3	3	05:21.6	4	00:53:35.6		03:45.4	
4	117 Bögli Daniel	0 RC Bern	05:18.5	4	05:18.2	3	05:15.0	4	05:19.3	3	05:21.9	3	05:29.6	4
			05:33.5	4	05:20.7	3	05:17.3	4	05:24.1	5	00:53:38.5		03:48.3	
5	79 Bottan Yves	0 ASFMulhous	05:19.5	5	05:17.6	2	05:13.7	2	05:20.0	5	05:21.1	2	05:29.9	5
			05:33.8	5	05:20.3	2	05:16.4	1	05:20.2	3	00:53:45.5		03:55.3	
6	80 Kaufmann Thomas	0 RC Zentralschweiz	05:31.2	6	05:37.1	7	05:35.8	6	05:44.9	6	05:49.4	7	05:55.1	6
			05:56.1	7	05:59.5	6	05:55.2	7	05:43.0	6	00:57:47.7		07:57.5	
7	71 Dürst Erwin	0 RC Chur	05:32.1	7	05:36.6	6	05:35.9	7	05:44.9	7	05:49.3	6	05:55.2	7
			05:55.9	6	05:59.5	7	05:54.9	6	05:49.2	7	00:57:53.9		08:03.7	
8	81 Fleischli Mäc	0 RC St.Gallen	06:08.1	8	06:48.9	8	07:00.1	9	07:22.6	9	07:12.3	8	07:12.1	9
			06:44.6	8	06:58.9	8	07:03.3	8	07:04.6	8	01:09:35.8		19:45.6	
9	76 Weibel Gerald	0 Jurassic Bikes	06:45.0	9	06:49.1	9	06:57.3	8	07:06.5	8	07:19.0	9	07:00.0	8
			07:09.1	9	07:09.2	9	07:15.9	9	07:26.7	9	01:10:58.1		21:07.9	

MH4 10 Runden

1	89 Huber Bruno	0 RC St.Gallen	04:48.2	1	04:47.4	1	04:53.2	1	04:58.1	1	05:01.3	1	05:00.6	1
			05:05.3	1	05:07.1	1	05:16.6	2	04:53.0	1	00:49:51.2		00:00.0	
2	87 Nietlispach Franz	0 Carbonbike.ch /RCZ	04:49.9	2	05:03.1	2	05:11.9	2	05:16.5	2	05:08.4	2	05:21.8	2
			05:22.7	2	05:19.1	2	05:22.2	3	05:14.6	2	00:52:10.7		02:19.5	
3	88 Eberle Walter	0 RC Chur	04:51.4	4	05:16.5	3	05:23.4	3	05:21.3	3	05:27.6	3	05:31.6	3
			05:28.2	3	05:30.4	3	05:23.7	4	05:36.3	4	00:53:51.0		03:59.8	
4	46 Kuster Cedric	0 RC Zentralschweiz	04:51.1	3	05:55.8	4	06:07.5	4	06:00.1	4	06:09.9	4	06:00.2	4
			06:04.0	4	05:47.3	4	05:14.6	1	05:34.6	3	00:57:45.6		07:54.4	

RangNr.	Name / Vorname	Ort	Rundenzeiten								Totalzeit	Rückstand
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WH1 8 Runden

1	91 Schmid Pia	0	RC Zentralschweiz	08:22.9	1	08:32.7	1	08:34.1	1	08:38.1	1	08:32.9	1	08:24.5	1
				08:30.0	1	08:30.4	1					01:08:05.9		00:00.0	

WH2 8 Runden

1	97 Schwaller Ursula	0	CFR	07:49.8	1	05:32.4	1	05:30.8	1	05:34.5	1	05:39.9	1	05:38.0	1
				05:41.1	1	05:37.7	1					00:47:04.6		00:00.0	
2	96 Forrer Vroni	0	RC Chur	08:42.8	2	09:30.6	2	09:48.4	2	09:54.6	2	09:53.0	2	09:47.3	2
				09:51.0	2	09:50.5	2					01:17:18.6		30:14.0	
3	99 Kundert Michele	0	RC Zürich	12:31.9	3	14:18.0	3	14:33.0	3	15:28.2	3	15:17.4	3	14:09.9	3

WH3 8 Runden

1	101 Graf Sandra	0	RC St.Gallen	05:46.8	1	05:39.7	1	05:38.1	1	05:38.9	1	05:42.7	1	05:52.5	1
				05:52.6	1	05:52.6	1					00:46:04.2		00:00.0	

RangNr.	Name / Vorname	Ort	Rundenzeiten						Totalzeit	Rückstand
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ILM Herren Open 6 Runden

1	2	Hug Marcel	RC Zentralschweiz	05:49.2	1	05:52.1	1	05:54.5	1	05:53.8	1	05:58.3	1	05:57.9	1
												00:35:26.1	00:00.0		
2	1	Frei Heinz	RC Solothurn	06:17.2	2	06:22.7	2	06:18.4	3	06:15.4	2	06:04.0	2	06:20.1	2
												00:37:38.0	02:11.9		
3	113	Bichfeldt Ebbe	RC Zentralschweiz	06:17.4	3	06:22.7	3	06:18.4	2	06:15.4	3	06:29.8	3	06:53.5	4
												00:38:37.4	03:11.3		
4	5	Villiger Cornel	RC Zentralschweiz	06:41.7	4	06:45.3	5	06:51.2	5	06:45.0	5	06:47.4	4	06:49.1	3
												00:40:40.0	05:13.9		
5	114	Willimann Lukas	RC Zentralschweiz	06:42.3	6	06:45.3	6	06:50.4	4	06:50.6	6	07:11.3	5	07:09.4	5
												00:41:29.5	06:03.4		
6	3	Kasumaj Edison	RC Zentralschweiz	06:42.0	5	06:45.3	4	06:51.3	6	06:45.0	4	07:16.1	6	07:24.7	6
												00:41:44.6	06:18.5		

ILM Damen Open 6 Runden

1	7	Graf Sandra	RC St.Gallen	06:42.6	1	06:45.6	1	06:50.8	1	06:49.9	1	06:50.0	1	06:55.8	1
												00:40:54.9	00:00.0		
2	8	Keller Patricia	RC Zentralschweiz	07:24.7	3	07:43.0	3	07:38.4	2	07:48.9	3	07:48.6	2	07:33.2	2
												00:45:57.1	05:02.2		
3	6	Hager Sandra	RC Zentralschweiz	07:24.3	2	07:42.9	2	07:39.1	3	07:48.3	2	07:49.2	3	07:35.0	3
												00:45:59.1	05:04.2		

Handbike Damen U19 6 Runden

1	26	Mürset Nadine	RC Zentralschweiz	06:32.5	1	06:39.9	1	06:42.8	1	06:53.3	1	06:58.5	1	06:47.8	1
												00:40:35.0	00:00.0		
2	27	Pucher Anja	RC Chur	06:56.8	2	07:27.5	2	07:26.6	2	07:36.5	2	07:36.5	2	07:34.7	2
												00:44:38.9	04:03.9		

RangNr.	Name / Vorname	Ort	Rundenzeiten						Totalzeit	Rückstand
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Handbike Herren U19 6 Runden

1	40 Muster Michel	RC Zentralschweiz	06:31.9	2	06:40.1	3	06:38.3	2	06:30.6	2	06:35.1	1	06:14.5	1
											00:39:10.8	00:00.0		
2	37 Herbrecht Quentin	ASFMulhous	06:32.2	3	06:40.1	1	06:37.7	1	06:30.6	1	06:35.1	2	06:16.2	2
											00:39:12.2	00:01.4		
3	38 Frohofer Felix	RC Zürich	06:31.6	1	06:40.1	2	06:44.0	3	06:54.1	3	06:57.7	3	06:56.3	3
											00:40:44.0	01:33.2		
4	39 Hofer Patrick	RC Zürich	06:36.4	4	06:48.2	4	06:48.0	4	06:56.0	4	09:22.7	5	06:56.7	4
											00:43:28.3	04:17.5		
5	36 Wittwer Reto	Schweizer Paraplegiker	06:57.5	5	07:24.9	5	07:29.6	5	07:36.0	5	07:35.5	4	07:39.4	5
											00:44:43.2	05:32.4		
6	35 Früh Benjamin	RC Zürich	08:23.7	6	08:56.6	6	09:08.5	6	09:31.2	6	10:01.3	6	09:59.1	6
											00:56:00.7	16:49.9		

ILM Damen U18 3 Runden

1	9 Helbling Alexandra	RC Zentralschweiz	07:25.0	1	07:43.0	1	07:29.0	1	00:22:37.1	00:00.0
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Handbike Damen U15 3 Runden

1	21 Bottan Stella	ASFMulhous	08:41.9	1	08:55.9	1	09:09.9	1	00:26:47.7	00:00.0
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Handbike Herren U15 3 Runden

1	31 Fritsch Joseph	ASFMulhous	06:44.6	1	06:36.0	1	06:34.5	1	00:19:55.3	00:00.0
2	32 Scheuber Cyrill	RC Zürich	08:05.1	2	07:49.1	2	07:42.1	2	00:23:36.4	03:41.1